



Located off of 116th and Rangeline Rd. behind CVS



118 Medical Dr.
 Carmel, IN 46032
 (317) 844-4211
www.CarmelHealthLiving.com

CHL-BR-1217



A True Sense of Community

Located in the heart of downtown Carmel, Carmel Health & Living Community offers a convenient setting within walking distance of restaurants, shops, and other attractions. Our rehabilitation success, combined with our proximity to local hospitals and an affiliation with local physicians from a variety of specialties, makes Carmel Health & Living the ideal choice in Carmel and surrounding areas.

Inviting gathering spaces welcome residents, families, and friends to Carmel Health & Living Community and foster a home-like feeling. Our services include independent living, rehabilitation, long term skilled nursing care, short-term respite care, hospice care, and on-site dialysis. In fact, Carmel Health & Living is the only senior living community in the Indianapolis area with on-site dialysis for residents.

Family-first senior living from CarDon
 Independent Living
 Rehabilitation
 Long Term Care
 On-site Dialysis

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Independent Living

With a completely maintenance-free lifestyle, worries about keeping up a home and yard will be a thing of the past. Living at The Terrace gives you the time and freedom to pursue the things you most want to do.

Independent Living Services and Amenities Include:

- Three meals per day from a selective menu
- All utilities except telephone
- Cable TV included
- Weekly housekeeping services
- Daily trash pick-up
- 24-hour staff notification system
- Planned social, recreational and cultural events
- Outdoor courtyards
- On-site Pub
- Beauty and Barber Shop
- Complimentary washer and dryer on premises
- Priority access to rehabilitation, skilled nursing and long term care if ever needed



Short-term Rehabilitation

Our rehabilitation program is focused on inpatient and outpatient short-term rehabilitation. It is designed for the patient who needs temporary assistance following illness or injury. The goal is to bring patients to their highest functional level so they can return home as quickly as possible.

Rehabilitation Services and Amenities Include:

- Private suites complete with a private restroom and shower, flat screen TV and kitchenette
- Complimentary WiFi
- Three delicious restaurant-style meals served daily
- Individualized care assessment and personalized care plan
- Physical, speech, occupational and respiratory therapies
- Intravenous therapy
- Accelerated Care Plus (ACP)
- Large therapy gym
- Home Transitions area
- Daily planned activities and programs
- Medicare, Medicaid and most insurances accepted



Long Term Care

Long term care is offered with a continued focus on bringing residents to their fullest potential to maximize quality of life.

Long Term Care Services and Amenities Include:

- Three delicious meals daily, plus snacks
- Individualized care assessment and personalized care plan
- Long term, short-term and respite care at skilled and intermediate levels
- Ongoing advice and counsel for resident and family
- Ancillary services offered: psychologist, audiologist, optometrist, dentist and podiatrist
- Hospice care for the terminally ill, emphasizing quality of life to bring comfort and individualized end of life care
- Social and support services
- Daily planned activities and programs
- Medicare, Medicaid, and most insurances accepted



Family-first Senior Living

Family-first is our philosophy at Carmel Health & Living Community, an approach that goes back to 1977, when CarDon & Associates was first established. As a member of the CarDon family of senior living communities, which now extends throughout south-central Indiana, Carmel Health & Living encourages family members to become involved with each resident's personal care plan.

Throughout every level of care we offer, we ensure a better quality of life each day for our residents, by treating them as we would our own loved ones.



The CarDon family:
Kathy, Stephen, Dan and David